

Ephesians Series

Lesson #195

June 4, 2023

Dean Bible Ministries

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**Spiritual Skills:
Focused on Jesus
Hebrews 12:1–2**



EPHESIANS

THE WEALTH, WALK
& WARFARE
OF THE BELIEVER

Joy/Inner Happiness/Tranquility of Soul
James 1:3; John 15:11: 17:13

**Personal Love
for God**
Deut. 6:5

**Biblical Love for All;
Christian Love for
Other Believers**
Lev. 19:18; Jn. 13:34, 35

**Occupation with
Christ**
Heb. 12:2; Php. 3:20

Personal Sense of our Eternal Destiny
Col. 3:24; 1 Pet. 1:4

Faith-Rest Drill
Prov. 3:5, 6

Grace Orientation
Eph. 2:8, 9
2 Pet. 3:18

**Doctrinal
Orientation**
2 Pet. 3:18

Walking by the Spirit/Filled by the Spirit
Gal. 5:16

Confession of Sin, 1 John 1:9

1. To learn to be focused on Jesus we must learn first about Who He is, and How He has loved us.

Eph. 5:2, “And walk in love, as Christ also has loved us and given Himself for us, an offering and a sacrifice to God for a sweet-smelling aroma.” [NKJV]

2. Once we learn how He has loved us, then we begin to develop that reciprocal love for Him.

But to love Him, we must come to know Him.

We come to know Him because the written Word of God reveals the thinking of the living Word of God, the Logos, the Lord Jesus Christ.

As we learn how He thinks, we then learn how to live to please Him.

1 Cor. 2:16, “For ‘*who has known the mind of the LORD that he may instruct Him?*’ But we have the mind of Christ.”

Php. 2:5, “Let this mind be in you which was also in Christ Jesus,”

John 14:15, “If you love Me, keep My commandments.”

John 14:21, “He who has My commandments and keeps them, it is he who loves Me. And he who loves Me will be loved by My Father, and I will love him and manifest Myself to him.”

John 14:23, “Jesus answered and said to him, ‘If anyone loves Me, he will keep My word; and My Father will love him, and We will come to him and make Our home with him.

John 14:24, “ ‘He who does not love Me does not keep My words; and the word which you hear is not Mine but the Father’s who sent Me.’ ”

What the Bible Teaches About

**Occupation with Christ
(Loving Jesus Christ,
Living for Jesus)**



Key Scriptures:

2 Peter 3:18

Hebrews 12:1–4

1 Peter 1:8

Php. 2:5–11

2 Pet. 3:18, “but grow in the grace and knowledge of our Lord and Savior Jesus Christ. To Him be the glory both now and forever. Amen.” [NKJV]

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to grow; cause to grow; used of physical
growth and spiritual growth; The term was
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Heb. 12:1, “Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us,

Heb. 12:2, “looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.” [NKJV]

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**τοιγαροῦν *toigaroun* coord (infer) therefore, then—
only used here in the New Testament, compound of three words: an article *toi*, another conjunction of explanation, *gar* “for,” and the usual conjunction for expressing a conclusion, *oun*, “therefore.” Such an unusual word emphasizes what follows.**

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ἀποτίθημι *apotithēmi*

**aor mid part masc plur nom
to put off, away; to lay aside,
to remove like clothing**

James 1:21, “Therefore lay aside all filthiness and excess which wickedness is, and receive with meekness the implanted word, which is able to save your life.” [RD]

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ὑπομονή *hupomonē*

fem sing gen

endurance; staying under the pressure

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James 1:2, “My brethren, think about all things with a mental attitude of joy when you fall into various tests,

James 1:3, “because you know that the testing of your faith produces endurance.” [RD expanded translation]

Heb. 12:2, “looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.” [NKJV]

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pres act part masc plur nom

participle of means

BDAG: ① to direct one’s attention without distraction, fix one’s eyes

② to develop more precise knowledge about something in the offing, determine, see

Heb. 12:2, “focusing our thinking on Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.” [RD]

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ὑπομένω *hupomenō*

**3 sing aor act indic
to endure, remain,
wait upon**

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ἀρχηγός archēgos

masc sing acc

- ① one who has a preeminent position, leader, ruler, prince**
- ② one who begins something that is first in a series**

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masc sing acc
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something to a
successful
conclusion**

John 19:28, “Jesus knew that his mission was now finished, and to fulfill Scripture he said, ‘I am thirsty.’

John 19:29, “A jar of sour wine was sitting there, so they soaked a sponge in it, put it on a hyssop branch, and held it up to his lips.

John 19:30, “When Jesus had tasted it, he said, ‘It is finished!’ Then he bowed his head and gave up his spirit.”
[NLT]

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χαρά chara
fem sing nom
joy

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John 15:11, “These things I have spoken to you, that My joy may remain in you, and that your joy may be full.”

Rom. 15:13, “Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.”

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Gal. 5:22, “But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness,”

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2 Tim. 1:8, “Therefore do not be ashamed of the testimony of our Lord, nor of me His prisoner, but share with me in the sufferings for the gospel according to the power of God,”

2 Tim. 1:12, “For this reason I also suffer these things; nevertheless I am not ashamed, for I know whom I have believed and am persuaded that He is able to keep what I have committed to Him until that Day.”

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2 Tim. 1:16, “The Lord grant mercy to the household of Onesiphorus, for he often refreshed me, and was not ashamed of my chain;”

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