## Martin Bobgan: Talk Two Outline

## Is the Bible Sufficient?

## **Psychoheresy Debunked**

- I. The Lie
  - A. Psychotherapy from the Kingdom of Darkness
  - **B.** Psychotherapy Limited to the Flesh
- II. Psychotherapy Research
  - A. Two Camps: Scientific Researchers/Practitioners
  - B. Three Facts Regarding Psychotherapy Research``
    - 1. Psychotherapy Works
      - a. "Only mild to moderate relief."
      - b. Amateurs
    - 2. All psychotherapies Seem to Work Equally Well
    - 3. Common Factors Lead to Equivalent Outcomes
- III. Debunking Psychotherapy
  - A. Three Variables (training, credentials, and experience)
  - **B.** Licensing
  - C. Scientific Research Conclusions
- IV. How Psychotherapy Works
  - A. Culturally sanctioned assets
  - B. Reasons People "Change" (improve, recover, grow, tolerate, survive, overcome)
    - 1. Person
    - 2. Therapeutic Alliance
    - 3. Placebo Effect
    - 4. Spontaneous Remission
  - **C.** Best Possible Test
- V. Anti-Psychotherapy
  - A. Unbiblical Talk
  - **B.** Unbiblical environment

- 1. Men
- 2. Women
- VI. Popularity in the Church
  - A. Examples of compromises
    - 1. Mission Agencies
    - 2. Personality Tests
  - **B.** Clinics
  - C. Referrals Out or Use in the Church.
  - **D.** Psychoheresy by Proxy
- **VII.** Seven Questions